

## **MEETING THE CHILD'S EMOTIONAL NEEDS**

Children's reactions are influenced by how adults around them respond. It's important to remain calm and maintain normal routines.

Below are suggestions to assist you in comforting your children:

- Hugs are reassuring
- Encourage them to share their thoughts and feelings
- Allow them to ask questions and answer them according to their age and maturity level
- Understand your child's reaction will change throughout the day
- Provide age-appropriate information

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